

# GROUP FITNESS TIMETABLE

**JUNE 2020  
PHASE 2 OPENING**

**29TH JUNE - 5TH JULY**

## MONDAY

S1: 9.30am Balance

S1: 5.30pm BodyPump

S2: 5.45pm Cycle

S2: 5.45 pm Barre Tone

## TUESDAY

**S1: 6.30am OTM45  
Activ8**

S1: 9.30am BodyPump

S2: 5.30pm Balance

S1: 5.45pm Yoga

## WEDNESDAY

S1: 6.05am BodyPump

S2 6.15am Cycle

S2 5.45 pm Cycle

S1: 5.35pm Attack 50

## THURSDAY

**S1: 6.30am OTM45  
Activ8**

S1: 9.30am W.O.D

S2: 5.30pm Cycle

S1: 5.45pm BodyPump

## FRIDAY

S1: 6.05am Yoga

S1: 9.30am  
BodyPump

## SATURDAY

S2: 8.45am  
Cycle

S1: 9.00am  
BodyPump

S1: 10.15am  
BodyBalance

## SUNDAY

S1: 9.30am  
CXworx

S1: 10.15am  
General Yoga

